Holsman Physical Therapy & Wellness P.C.

Therapy Referral / Prescription

Physical, occupational and speech therapy | NJ and NYC
Scheduling 1-855-465-7626 | holsmanwellness.com/refer/

Fill in on screen or print. Fax it to 973-759-0557, or give it to your patient.

We contact the patient to schedule and verify insurance benefits at no charge. Fax, or securely email intake@holsmanwellness.com; avoid sending patient details by regular text message or unencrypted email.

PATIENT

Patient name (last, first)

Date of birth

Phone

Address (needed for in-home therapy)

Caregiver / alternate phone

Insurance plan

Member ID

Preferred language

DIAGNOSIS

Diagnosis / reason for referral

ICD-10 code(s)

Surgery / procedure (if any)

Date of onset or surgery

SERVICES REQUESTED

- ☐ Physical therapy: evaluate and treat
- ☐ Occupational therapy: evaluate and treat
- ☐ Speech therapy: evaluate and treat
- ☐ Pediatric therapy (ages 0-21)
- ☐ Hand therapy (OT)
- ☐ Balance / fall prevention
- ☐ Vestibular / dizziness
- ☐ Neurologic rehab
- ☐ Dry needling (if appropriate)*
- ☐ Shockwave therapy*
- ☐ Functional capacity evaluation
- ☐ In-home therapy (NJ or NY)

Other / specific instructions

Frequency (times per week)

Duration (weeks)

Precautions, weight-bearing status, restrictions

**Not covered by every plan. Medicare does not cover dry needling. We confirm coverage with the patient before treatment.*

CLINIC PREFERENCE

Preferred clinic (pick one)

Closest to the patient

☐ Please send me the evaluation and progress notes

REFERRING PROVIDER

Name and credentials

NPI

Practice name

Phone

Fax

Email

Practice address

Date

Provider signature (sign by hand, or apply your e-signature)

Confidential: contains protected health information. If you received this in error, please call 1-855-465-7626 and destroy it.

Holsman Physical Therapy & Wellness P.C.

Where to Send This Referral

One fax number for every Holsman clinic
Scheduling 1-855-465-7626 | holsmanwellness.com/refer/

FAX ALL REFERRALS TO

973-759-0557

Pick the clinic on page 1 and we route it there.
Secure or encrypted email: intake@holsmanwellness.com
Physician offices, call or text: 862-250-6697

Please do not send patient details by regular text message or unencrypted email.

Our clinics

Clinic	Address	Phone
Bloomfield, NJ	44 Park St., Bloomfield, NJ 07003	973-685-2335
Bronx, NY	817 E 180th St, Bronx, NY 10460	718-355-9652
Bronx (Morris Park), NY	799 Morris Park Ave., Bronx, NY 10462	718-684-6300
Brooklyn, NY	1084 Liberty Ave, Brooklyn, NY 11208	347-586-0625
Caldwell, NJ	376 Bloomfield Ave., Caldwell, NJ 07006	973-968-6002
Cedar Grove, NJ	408 Pompton Ave., Cedar Grove, NJ 07009	973-433-0732
Clifton, NJ	1070 Clifton Ave., Suite 1A, Clifton, NJ 07013	973-246-6565
Clifton (Route 3), NJ	1700 Route 3 West, Ground Fl., Clifton, NJ 07013	862-591-1000
Fair Lawn, NJ (adult)	15-01 Broadway, Suite 12, Fair Lawn, NJ 07410	201-355-5199
Fair Lawn, NJ (Children's Center)	15-01 Broadway, Suite 14C, Fair Lawn, NJ 07410	201-351-1682
Jersey City, NJ	961 Garfield Ave., Jersey City, NJ 07304	201-932-2656
Kearny, NJ	711 Kearny Ave., Kearny, NJ 07032	201-535-8555
Lyndhurst, NJ	724 Ridge Road, Lyndhurst, NJ 07071	201-500-9812
Maplewood, NJ	1985 Springfield Ave., Maplewood, NJ 07040	862-278-7800
Newark, NJ	902 N. 5th St., Suite C104, Newark, NJ 07107	973-910-2300
Paterson, NJ	764 Main St. #401, Paterson, NJ 07503	973-705-7255
Rahway, NJ	1600 St. Georges Ave., Suite 107, Rahway, NJ 07065	732-428-5566
South Orange, NJ	349 Valley Street, South Orange, NJ 07079	973-327-7868
In-home therapy (NJ or NY)	We come to the patient	862-250-6697

What happens next

1. Our front desk contacts your patient to schedule at the clinic they prefer.
2. We verify the patient's insurance benefits at no charge before the first visit.
3. You receive the evaluation and plan of care for signature when the plan requires it (Medicare, for example).
4. Tick "send me notes" on page 1 to get progress notes as well.

New Jersey and New York let patients start physical therapy without a prescription (New York sets visit limits), but some insurance plans require a referral to pay for it. A signed referral helps your patient start without delay.

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